



## **Miyagi Gymnastics Academy Waiver and Release Form**

I fully understand that Miyagi Gymnastics Academy staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the Miyagi Gymnastics Academy staff to render temporary first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Miyagi Gymnastics Academy staff to call our doctor and to seek medical help, including transportation by a MGA staff member and or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for said child should the Miyagi Gymnastics Academy staff deem this to be necessary.

Parent or Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

We, the staff of MGA recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics, tumbling, cheerleading, and dance. Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Gymnastics, Tumbling, and Cheerleading can be dangerous and can lead to injury!

Parents should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and the coaches' instructions.

The Miyagi Gymnastics Academy, its coaches and other staff members, will not accept responsibility for injuries sustained by any student during the course of gymnastics, tumbling, dance or cheerleading instruction, or open workouts, or in the course of any exhibition, competition, or clinic in which he or she may participate or while traveling to or from the event.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Miyagi Gymnastics Academy. I, my executors or other representatives, waive and release all rights and claims for damages that I or my child may have against the Miyagi Gymnastics Academy and or its representatives whether paid or volunteer.

I also affirm that I now have and will continue to provide proper hospitalization, health, and accident insurance coverage which I consider adequate for both by child's protection and my own protection.

I also understand that it is the parent's responsibility to ward the child about the dangers of gymnastics and injury. The parent should warn the child according to what the parent feels is appropriate. Miyagi Gymnastics Academy will only warn the child through "Safety Messages" and our teaching style and progressions.

Parent or Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_