

2023 NorCal Xcel Silver-Diamond North State Gymnastics Championships

(OLDEST to YOUNGEST by Level)

Fri, Mar 31 (XP & XD)		Saturday, April 1 (Xcel SILVER)		
Sess 1 – Xcel Plat & Diam	Sess 2 – Xcel Platinum	Sess 3 – Xcel Silver	Sess 4 – Xcel Silver	Sess 5 – Xcel Silver
Open Stretch 2:00 pm	Open Stretch 5:30 pm	Open Stretch 8:00 am	Open Stretch 10:45 am	Open Stretch 1:30 pm
March In 2:20 pm	March In 5:50 pm	March In 8:20 am	March In 11:05 am	March In 1:50 pm
Age Groups XD All & XP Senior B-D	Age Groups Junior A-D & Senior A	Age Groups Senior D-H	Age Groups Junior G-H & Senior A-C	Age Groups Junior B-F
XD All & XP older 14+ yrs	10 yrs to younger 14 yrs	older 12 yrs & up	older 11 to younger 12 yrs	older 10 to younger 11 yrs
Birthdate Range XP 12-1-04 to 8-18-08	Birthdate Range 8-19-08 to 3-31-13	Birthdate Range 3-1-06 to 7-21-10	Birthdate Range 7-22-10 to 9-9-11	Birthdate Range 9-10-11 to 9-20-12

Sat, April 1 (Xcel SILVER)		Sunday, April 2 (Xcel GOLD)		
Sess 6 – Xcel Silver	Sess 7 – Xcel Silver	Sess 8 – Xcel Gold	Sess 9 – Xcel Gold	Sess 10 – Xcel Gold
Open Stretch 4:15 pm	Open Stretch 7:00 pm	Open Stretch 9:00 am	Open Stretch 11:45 am	Open Stretch 2:30 pm
March In 4:35 pm	March In 7:20 pm	March In 9:20 am	March In 12:05 pm	March In 2:50 pm
Age Groups Child F-I & Junior A	Age Groups Child A-E	Age Groups Senior A-E	Age Groups Junior A-E	Age Groups Child A-E
older 9 to younger 10 yrs	7 yrs to younger 9 yrs	older 13 yrs & up	older 12 to younger 13 yrs	8 yrs to younger 12 yrs
Birthdate Range 9-21-12 to 8-29-13	Birthdate Range 8-30-13 to 1-31-16	Birthdate Range 7-1-03 to 6-7-09	Birthdate Range 6-8-09 to 1-11-11	Birthdate Range 1-12-11 to 8-31-14

Pre Paid Admission Prices (see website to buy tickets)			Meet Location	Hotels & Info
Doors open 1:30 Fri, 7:30 Sat, 8:30 Sun	Single Session	Per Day	Solano Comm College 400 Suisun Valley Rd Building 1700 Fairfield, CA 94534	See website www.NorthBayAthletics.com
Adults (16+)	\$15	\$25		
Kids (6-15) & Seniors (65+)	\$10	\$15		
Kids 5 & under	Free	Free		

Current as of 3/16/2023